Grushcow of the Hebrew Immigrant Aid Society; and Imam Mohamed Magid, the head of the Nation's largest Muslim organization.

The DREAM Sabbath events reflect this great religious diversity. Let me give you just a few examples of the congregations who are observing the DREAM Sabbath: the First Presbyterian Church of Cheyenne, WY; the Central United Methodist Church in Fairmont, WV: the Unitarian Church of Lincoln, NE; Galloway Memorial Episcopal Church in Elkin, NC; Grace United Methodist Church in Missoula, MT; Trinity Episcopal Church in Winner, SD; the Texas Catholic Conference of Bishops; the Florida Catholic Conference of Bishops; and the following Catholic dioceses, just to name a few: Cincinnati, OH; Cleveland, OH; Davenport, IA; Evansville, IN; and Salt Lake City, UT. Just last night, in Tucson AZ, the DREAM Sabbath was recognized at the National Hispanic Evangelical Immigration Summit, a gathering of 1,200 Evangelical ministers. This summit was convened by Reverend Sam Rodriguez and the National Hispanic Christian Leadership Conference and I want to thank them for their leadership.

In my home State of Illinois, I plan to observe the DREAM Sabbath at a number of places, including: Anshe Sholom B'nai Israel Congregation, a Modern Orthodox temple, where, by the way, Chicago Mayor Rahm Emanuel is a congregant; Old St. Pats Church, my home parish in Chicago; and the Church of the Holy Spirit in Schaumberg.

I would like to invite all of my colleagues and everyone listening today to participate in the DREAM Sabbath. If you are interested in becoming part of this important national movement, you can visit www.dreamsabbath.org for more information or call my office at 202–224–2152.

The DREAM Sabbath will put a human face on the plight of undocumented students who grew up in this country and help build support for passage of the DREAM Act.

DREAM Act students need our prayers, but they need more than that—they need our help to pass the DREAM Act.

These young people are American in their hearts. They are willing to serve our country, if we would only give them a chance. Passing the DREAM Act is the right thing to do and it will make America stronger.

## HUNGER AWARENESS

Mr. DURBIN. Mr. President, I rise today to speak on behalf of the over 50 million people, including over 17 million children in the United States, who face the day not knowing if they will have enough to eat.

Millions of families live each day not knowing if and how they will put food on the table.

Rather than thinking about what the next meal will be, these parents worry if there will be a next meal.

Rather than concentrate on homework, these children are trying not to think about their hunger pangs.

According to the USDA in 2010, 14.5 percent of households—or 1 in 6 Americans—experienced hunger. This is the highest level of hunger in our Nation since the government began tracking food insecurity in 1995.

No State or county is immune to the reality of hunger. In Illinois' three wealthiest congressional districts an average of 13.2 percent of people—or nearly 281,000 people—experienced hunger in 2009.

Hunger is a reality in all of our communities. We see it in the long lines at our food pantries. We have heard from seniors forced to choose between groceries and medication. And children are in our schools who have not had a decent meal since the previous day's school lunch.

The U.S. Census Bureau reported this month that more than 1.82 million people lived in poverty in Illinois last year. That's up from 1.69 million in 2009—making 2010 the third straight year the poverty rate in Illinois has risen

According to Feeding America in Illinois, nearly 1.9 million people—including over 740,000 children—are food insecure and often rely on safety net programs for their next meal.

Hunger is a symptom of poverty, and where this is poverty we see greater demand for emergency food programs and support. Federal food assistance programs have responded to the growing need by helping low and middle-class families, children, and seniors maintain a healthy diet.

Throughout the country, food banks and pantries that rely on Federal assistance are the front line of the fight against hunger—providing emergency food assistance to hungry families.

Unfortunately, business at food banks has never been better. Over the past 2 years, Illinois food banks have seen a 50 percent increase in requests for food assistance. In 2009, Illinois food banks provided food to 1 in 10 residents.

The Supplemental Nutrition Assistance Program, formerly known as food stamps, is one of the Nation's most important antihunger programs. SNAP has provided over 46 million Americans with essential food assistance.

In Illinois, 1.8 million people—that is 1 in 7 residents—rely on SNAP benefits to buy the food they need.

The benefits of SNAP reach far beyond helping households maintain a healthy diet. SNAP is a powerful tool in fighting poverty, and has lifted nearly 2.5 million children out of poverty, more than any other government program.

According to the USDA's Economic Research Service, \$5 of SNAP benefits can generate \$9 in economic activity through retail demand, farm production, and jobs.

At a time when families are having trouble making ends meet, food stamps meet a basic human need.

The people using food banks or food stamps to get by are people you know—your neighbor and coworker.

I recently heard from a single mother of a 4-year old daughter who receives emergency food assistance from the Eastern Illinois Food Bank.

This young mother is also a full-time college student, who plans to use her education to provide a better life for her family.

Without the extra support from food stamps, this woman says she would have to drop out of college and work at a minimum wage job just to make ends meet.

She credits food stamps for not only providing food assistance, but for allowing her to get an education so she can move her family out of poverty.

As Congress works to rein in our Nation's debt, we will hear from all sides. The millions of Americans who rely on safety net antihunger programs like SNAP will not have the loudest voice in the debate or big PR firms, but we can't forget them.

We must protect Federal food assistance programs. These programs are not a giveaway or a handout. They are strengthening our economy and improving the lives of vulnerable families, children, and seniors at their time of need.

## MORETOWN POST OFFICE

Mr. LEAHY. Mr. President, I would like to bring to the attention of the Senate a notable development in the community of Moretown, Moretown is located near the confluence of the Mad River and the Winooski River, just down the road from my home in Middlesex, and the community was hit particularly hard by the flooding caused by Tropical Storm Irene. Homes were flooded, the town offices were inundated, and the Moretown School was damaged. Bridges were washed away, cutting the town off from central Vermont's highway system, and leaving some residents stranded. But through this disaster, the town pulled together, in yet another of the many stories that can be told of the great resilience shown by Vermonters in the storm's terrible aftermath.

As flood waters rose, the postmaster in charge of the Moretown Post Office, Naomi Tilton, and the two carriers who work in the Moretown Post Office managed to save every piece of mail from the rising flood waters. Every single piece of mail in their charge. Water eventually filled the entire post office lobby, and as water damage left by the flooding in Moretown demonstrated, as much as 8 feet of water filled the first floors of structures surrounding the post office.

When my staff visited the Moretown Post Office a week later, workers had already begun renovating the building. They had shoveled out the mud and muck deposited by the river, and they had torn out the mold-prone sheetrock. Yet even in disrepair, the post office was not in disarray or disorder: The Moretown Post Office continued to operate. A sign made out of a plain sheet of white paper directed customers to the side of the erstwhile post office, up a set of crooked stairs and into an office on the second floor. In that makeshift temporary post office, customers could still buy stamps, pick up their mail, and share their stories of survival and community togetherness.

The postal employees of Moretown did all this on their own time, outside of normal business hours, and on their own initiative. I understand that Ms. Tilton's manager was stranded dozens of miles to the south in Rochester, VT, a town similarly cut off from the outside world. Professionalism and dedication to the community motivated the employees of the Moretown Post Office to keep the area's postal system working. Their efforts offered a glimmer of hope to their neighbors as the community realized the extent of the devastation caused by the flood and the tremendous effort it would take to rebuild Moretown. And what a powerful testament to the currency in modern times of the proud tradition of this Nation's venerable postal system and its dedicated public servants.

The Moretown Post Office is just one story of the hundreds of stories I would like to tell to remind everyone how determined we are to recover from Tropical Storm Irene. The determination of our Moretown postal workers reminds us all of what it means to be a Vermonter and an American.

## REMEMBERING SUVASH DARNAL

Mr. LEAHY. Mr. President, I have spoken over the years about the political transformation that has been taking place in Nepal since 2005, from a corrupt, autocratic monarchy to an emerging democracy.

That process has moved forward by fits and starts, plagued by political infighting and the seeming inability of political and ethnic factions to unite for the good of the people. We are struggling with partisanship and divisiveness in this country, so I understand the problem, but Nepal is at a historic crossroads and cannot afford for this process to fail.

Key issues that were at the heart of the internal armed conflict, such as impunity for crimes against civilians by both sides, have not been addressed. Shielding perpetrators of gross violations of human rights from punishment is incompatible with a democratic society based on the rule of law.

There are many other challenges, like reform of the army, demobilization of former Maoist combatants, improving literacy, building effective, transparent government institutions, and reducing poverty. The United States is helping, but Nepal's com-

peting political leaders must point the way forward by making the necessary compromises.

Today I want to speak briefly about caste discrimination, which is at the core of Nepal's feudalistic history. I do so by paying tribute to an extraordinary leader of Nepal's Dalit community, Suvash Darnal, who was tragically killed in a motor vehicle accident in Virginia on August 15, 2011.

Mr. Darnal was only 31 years old when he died, but he had already achieved far more than most people, even people with every advantage, do in a much longer life.

Mr. Darnal was of humble beginnings, with nothing but hardship and unfairness to look forward to. Yet he managed to overcome daunting obstacles to become a respected leader with boundless energy, a quenchless thirst for knowledge, extraordinary vision, and a tireless determination to help improve the lives of his people.

As I have said before in this Chamber, Nepal's democracy cannot succeed without the inclusion of minority castes, including Dalits, in political and economic decisionmaking. Mr. Darnal devoted himself passionately to that cause through journalism, research, and advocacy.

He was an inspiring example of why caste discrimination has no place in the 21st century, and his death is a tragic loss not only for Dalits but for all of Nepal. He had the humility, integrity, intellect, and dedication to his people that Nepal needs in its leaders, and I hope others of his generation are inspired by his life and work to continue his legacy.

Mr. President I ask unanimous consent to have printed in the RECORD an August 16 article in the Kathmandu Post about Mr. Darnal.

There being no objection, the material was ordered to be printed in the RECORD, as follows:

[From the Kathmandu Post, Aug. 16, 2011] BIDUSHI DHUNGEL, "PALPALI FLAME"

The tragic death of 31-year-old Dalit activist and media entrepreneur Suvash Darnal is a huge setback to Nepal's Dalit movement. Well known for being the founder of Nepal's first ever Dalit-focused media organisation, Jagaran Media, co-founder of the Collective Campaign for Peace and most recently, the Dalit-focused think tank, Samata Foundation, Darnal made undeniable contributions to a burgeoning rights-sensitive society.

to a burgeoning rights-sensitive society. Born in Mujhung in Palpa, and one of four siblings, Suvash was schooled "by accident," at a local school that just happened to be in close proximity to his home. He was never told to go to school, nor did he initially see it as necessary, "it just kind of happened," he would say. Darnal's perseverance meant that he became the first Dalit to pass the SLC from his village. That achievement, and the positive reaction it garnered from the upper echelons of society that once treated him as untouchable, gave him the motivation to work harder.

But behind every success story, there is a long, hard struggle. Looking at Suvash in his last years, one could never guess that he'd come to Kathmandu with nothing except the fire of convictions. He spent months selling watches immersed in a bucket of water on

the Ratna Park roadside. And having made a few contacts here and there, Darnal ventured into writing for small media houses. The ideas for the foundations of the Jagaran Media Centre came in these days. It was to be the largest Dalit-led media outlet in South Asia. Even now, Jagaran media has a radio station that produces a radio magazine that is broadcast throughout India and Nepal.

These were turbulent times. By the time the media centre was established and running smoothly, King Gyanendra took over and attempted to reverse the course of history. Public outrage was growing and so was the demand for the return of democracy. At this crucial juncture, Darnal and his close friend founded the Collective Campaign for Peace (COCAP). "I wanted to play my part in what I knew would be a momentous time in Nepal's history," said Darnal. He often recalled those days saying that at the heart of the uprising, it became an unofficial "secretariat" for the civil democratic movement in Nepal.

It was after this that Darnal set off to undertake the most mammoth of his life's work. He realised that democracy would be of little use to Dalit society unless there was a way to bridge the gap between politics and caste. This was where Darnal's deep frustrations with society resided. The idea that discourse at the policy level was necessary gave way to the Samata Foundation. Initially called the Nepal Center for Dalit Studies, late in 2009, the name was changed and became an officially registered organisation.

The Samata Foundation is now the hub of Dalit research. Last year, under Darnal's direction, Samata held Nepal's first ever International Dalit conference. An avid reader and fan of B.R. Ambedkar, Darnal had set out to establish caste-based policies in the country. His book, A Land of Our Own: Conversations with Dalit Members of the Constituent Assembly, came out in 2009. Although enthused by the 2008 elections that ushered in some 40 Dalit Constituent Assembly (CA) members, it didn't take long for Darnal to realise it wasn't going to be enough. He often said that it was only natural that the Dalit CA members wouldn't be educated, but that it was then his task to give them the information and competence to stand out and be clear about their demands. In this endeavour, he decided to publish a Nepali translation of Ambedkar's book. The translation was done by Dalit leader and CA member Aahuti, and was published earlier this year. Darnal held a special prominence in his head and heart for the personality and works of Ambedkar and the translation of the book and its subsequent publishing was a source of joy to him.

The Dalit movement has a long history in this country, but with Suvash Darnal it rose to new heights. From raising national awareness to travelling abroad for guest lectures, Darnal had the conviction to make Nepali society aware, not only of the harsh realities of caste, but of the repercussions of its perception in politics and society. Suvash's Samata Foundation was in the process of achieving precisely this. The organisation is now without its founder, and the Dalit movement without a capable leader. The work he undertook was as much professional to him as it was personal, and that's what allowed for his success. Suvash Darnal's close friends refer to him as very much of a family man. And with only a few close friends, he maintained very close ties with his family. He is survived by his wife and two year old daugh-